

## AN ATTITUDE OF GRATITUDE

*How do you start your day? Imagining how your day will be? Stressed yourself focusing on the traffic while taking breakfast at home. Drained yourself thinking the workload waiting for you in the office.*

*Have you ever appreciate that you are still 'breathing' 'alive' and have another day to forgive and do good to others?*

*When we focus on our appreciation, gratitude and joy, we are celebrating our own abundance and creativity.*

*Having an attitude of gratitude wakes us up to the simple pleasure of life well lived.*

## AN ATTITUDE OF GRATITUDE



*I am thankful that i am able to wake up, breath and taste my coffee in the morning*



*I am thankful for the opportunity to enjoy life... i will continue to do good to others without expecting any returns .*



*I am blessed for having such wonderful and happy family! They are my priority!*



*I am thankful for having a shelter..it is not only a house ..it is my home.*



*I appreciate friendships and grateful for having such understanding and loving friends. I will add more circle of friends in my life.*



*I am grateful for having a job.. and will continue to learn and improve!*

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